VEGETARIAN/HALAL ALTERNATIVE MEALS

(PLEASE NOTE ALL CHICKEN AND CHEESE BASED MEALS ARE HAHAL FRIENDLY)

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| **Week 1**  **Monday**- Indian Style Chicken Curry with Boiled Rice.( Halal Friendly) Celery, Mustard  Alternative – Vegetable Curry Celery, Mustard with Boiled Rice.  **Tuesday**- Penne Pasta Bolognese. Celery, Wheat  Alternative Quorn Penne Pasta Bolognese or Tomato veg Penne Pasta Celery, Wheat. Egg ,Might contain soya  **Wednesday**- Vegetarian/Halal Suitable Soup. Celery, Wheat, with Crusty Bread May contain sesame  **Thursday**- Macaroni Cheese with a side of Peas. Vegetarian/Halal Friendly, Milk, Wheat  **Friday**- Pork and Beef Sausage Casserole. Wheat ,Soya, Sulphites  Alternative- Quorn Sausage and Veg Casserole ,Egg ,Wheat, Barley |

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| Week 2Monday  **Monday**- Beef Chilli with rice. Celery, Mustard  Alternative- Veg Chilli Celery, barley, Egg, Wheat Quorn Chilli May contain soya with Rice  **Tuesday-** Cheese and Mash Potato Pie with Beans. Halal/Vegetarian Friendly Milk  **Wednesday**- Chicken Hot Pot- Halal Friendly N/A  Alternative Veg hot pot N/A  **Thursday**- Meatball Marinara Pasta. Egg, Celery Wheat,  Alternative Vegetarian Meatball Marinara pasta – Celery, Barley Oats  **Friday**- Cod Fish Fingers with Mash and Spaghetti Hoops. Wheat, Milk, Fish  Alternative – Veggie Fish Fingers with Mash and Spaghetti Hoops Wheat, Milk |

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| Week 3  **Monday-** Tomato and Chicken Penne Pasta. Halal Friendly Celery, Wheat  Alternative- Tomato and Vegetable Pasta Celery, Wheat,  **Tuesday**- Homemade soup and sandwiches With Halal/Vegetarian /Vegetarian Options Included Celery, Wheat, Fish, Buttermilk, Egg  **Wednesda**y- Mince N Tatties- N/A  Alternative Quorn Substitute Mince and Potatoes, Egg,  **Thursday**- Indian Style Fish Curry- Fish, Celery, May contain Mustard and Soya  Alternative- Vegetable Curry with Rice Celery, May contain Mustard and Soya  **Friday**- Beef Lasagne With Garlic Bread Celery, milk, Wheat,  Alternative- Vegetable Lasagne. Celery, milk, Wheat, |